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Acute rheumatic fever

Single Choice

1. Select the specific morphological abnormality in acute rheumatic fever:
 - A. Rheumatoid nodules
 - B. Aschoff nodules
 - C. Osler nodules
 - D. Heberden nodules
 - E. Tophaceous nodules
2. Select the duration of the latent period in acute rheumatic fever:
 - A. 1 – 2 months
 - B. 1 – 2 weeks
 - C. 2 – 4 weeks
 - D. 2 – 4 months
 - E. 2 – 4 days
3. Select the age group most frequently affected by acute rheumatic fever:
 - A. 3 – 5 years
 - B. 5 – 6 years
 - C. 6 – 7 years
 - D. 7 – 15 years
 - E. 15 – 20 years
4. Select the main pathogenetic theory in the development of acute rheumatic fever accepted at the moment:
 - A. infectious
 - B. toxic
 - C. autoimmune
 - D. infectious – allergic
 - E. via circulating immune complexes
5. Select the most frequent cause of heart failure in acute rheumatic fever:
 - A. Fibrinous pericarditis
 - B. Exudative pericarditis
 - C. Parceled myocarditis
 - D. Diffuse myocarditis
 - E. Endocarditis
6. Select the most sensitive index for evaluation of the rheumatic process activity:
 - A. Anemia
 - B. Erythrocyte sedimentation rate
 - C. Leukocytosis
 - D. Fibrinogen elevation

- E. Inflammatory dysproteinemia
7. Select the first-line group of antibacterial drugs in the treatment of acute rheumatic fever:
- A. Macrolides
 - B. Tetracyclins
 - C. Penicillins
 - D. Cephazolins
 - E. Aminoglycosides
8. Select the average duration of anti-inflammatory treatment in acute rheumatic fever:
- A. 1 – 2 weeks
 - B. 6 - 8 weeks
 - C. 2 – 3 months
 - D. 3 - 4 weeks
 - E. 3 – 4 months
9. Select the drugs for secondary prophylaxis of acute rheumatic fever:
- A. Benzatin benzylpenicillin G
 - B. Lincomycin
 - C. Trimethoprim
 - D. Nitrofurantoin
 - E. Norfloxacin
10. Duration of secondary prophylaxis in acute rheumatic fever with carditis and without valvular heart disease:
- A. 3 years from the last rheumatic attack
 - B. 5 years from the last rheumatic attack
 - C. At least 10 years from the last rheumatic attack
 - D. Until the age of 18 years old
 - E. Lifelong
11. Maximal duration of arthritis in acute rheumatic fever is:
- A. 1-2 months
 - B. 1-2 weeks
 - C. 2-3 weeks
 - D. 2-3 months
 - E. 2-3 days
12. Mitral insufficiency in rheumatic heart disease develops within:
- A. 2-3 months
 - B. 2-3 weeks
 - C. 3-6 months
 - D. 3-6 weeks
 - E. More than 6 months
13. Rheumatic mitral stenosis develops within:
- A. 3-6 months
 - B. 3-6 weeks
 - C. 2-3 weeks
 - D. 2-3 months
 - E. More than 6 months

14. Duration of chorea in acute rheumatic fever is:
- A. 1-2 months
 - B. 8-15 days
 - C. 8-15 weeks
 - D. 3-4 months
 - E. 3-4 weeks
15. ASLO titers in acute rheumatic fever have a maximum value at:
- A. 1-2 weeks after the onset of the disease
 - B. 1-2 weeks after streptococcal infection
 - C. 4-6 weeks after the onset of the disease
 - D. 4-6 weeks after streptococcal infection
 - E. 6-8 weeks after streptococcal infection
16. What imaging procedures help to diagnose valvular heart disease in acute rheumatic fever?
- A. ECG
 - B. EcoCG 2D
 - C. Chest X-ray
 - D. Chest computerized tomography
 - E. Radiography of peripheral joints
17. The duration of secondary prophylaxis in acute rheumatic fever without carditis is:
- A. 3 years after the last rheumatic attack
 - B. At least 5 years after the last rheumatic attack
 - C. 10 years after the last rheumatic attack
 - D. Up to the age of 18 years old
 - E. E Until the age of 40 years old
18. Secondary prevention in acute rheumatic fever is made with:
- A. Benzathine benzylpenicillin G
 - B. Lincomycin
 - C. Trimethoprim
 - D. Nitrofurantoin
 - E. Norfloxacin
19. In case of penicillin allergy secondary prophylaxis of rheumatic fever is made with:
- A. Cephalosporins
 - B. Macrolides
 - C. Fluoroquinolone
 - D. Nitrofurantoin
 - E. Tetracycline
20. A contraindication for the treatment of acute rheumatic fever with acetylsalicylic acid is:
- A. Gastrointestinal ulceration in the acute phase
 - B. Angina pectoris
 - C. Interstitial pneumonia
 - D. Acute thrombophlebitis
 - E. Age up to 12 years

Multiple choice

21. Pathogenic properties of Group A hemolytic streptococcus in the acute rheumatic fever are due to:
- A. Protein M on the Streptococcus membrane
 - B. Release of toxins and enzymes (streptokinase, streptohyaluronidase, etc.)
 - C. Expression of molecules of adhesion to the epithelium on the bacterial membrane
 - D. Protein A on the Streptococcus membrane
 - E. Protein N on the Streptococcus membrane
22. What are the phases of evolution of the rheumatic morphopathologic lesions?
- A. Exudative-degenerative phase
 - B. Granulomatous phase
 - C. Fibrous phase
 - D. Ulcer-necrotic phase
 - E. Proliferative phase
23. Choose correct statements about Sydenham chorea:
- A. It is a rare manifestation of rheumatic fever
 - B. It affects predominantly males
 - C. It affects predominantly girls of 6-15 years
 - D. It frequently has neurological sequela
 - E. It does not affect psycho-emotional state
24. The following renal manifestations may be found in patients with acute rheumatic fever:
- A. Mild proteinuria
 - B. Macroscopic hematuria
 - C. Microscopic hematuria
 - D. Leukocyturia
 - E. Casts in the urine
25. What laboratory data certify streptococcal etiology of acute rheumatic fever?
- A. Antistreptokinase titre
 - B. Antistreptolysin-O titre
 - C. Fibrinogen
 - D. Gamma-globulins
 - E. Serum albumin
26. Choose correct statements about anemia in acute rheumatic fever:
- A. It is usually moderate
 - B. It is iron-deficient
 - C. Correlates with the intensity of the inflammatory process
 - D. It can be haemolytic
 - E. It may be secondary to renal involvement in acute rheumatic fever
27. Choose correct statements about regimen of a patient with acute rheumatic fever:
- A. Hospitalization is indicated in high-activity cases with polyarthritides and carditis
 - B. It depends on the age of the patient
 - C. Patients with carditis should have bed rest at least for 4 weeks

- D. There are no restrictions on activity in joint, cardiac and neurological involvement
 - E. It depends on the activity of inflammatory process
28. Treatment of acute rheumatic fever includes:
- A. Anti-agregant treatment
 - B. Anti-inflammatory treatment
 - C. Antibacterial treatment
 - D. Anticoagulant treatment
 - E. Symptomatic treatment
29. The following antibacterial drugs may be indicated for the treatment of acute rheumatic fever:
- A. Azithromycin
 - B. Benzylpenicillin
 - C. Doxycycline
 - D. Ciprofloxacin
 - E. Clarithromycin
30. Choose a correct diet for a patient with acute rheumatic fever complicated with heart failure:
- A. With normal protein level
 - B. With high protein level
 - C. Normal caloric value
 - D. Salt restriction
 - E. Hydric in case of cardiac damage
31. Select factors which contribute to the development of acute rheumatic fever:
- A. Overcooling
 - B. Infection with group A b-hemolytic streptococcus
 - C. Genetic predisposition
 - D. Age
 - E. Sex
32. Select from the following, the MAJOR criteria for the diagnosis of rheumatic fever:
- A. Carditis
 - B. Fever
 - C. Sydenham's chorea
 - D. Erythema marginatum
 - E. Arthralgia
33. Select SUPPORTING EVIDENCE criteria for the diagnosis of acute rheumatic fever:
- A. Recent scarlet fever
 - B. Fever
 - C. The presence of the inflammatory syndrome
 - D. Positive throat culture for b-hemolytic streptococcus
 - E. Rise in the titers of anti-streptococcal antibodies
34. Select the specific features of arthritis in acute rheumatic fever:
- A. Symmetric involvement
 - B. Migratory character
 - C. Deforming character

- D. Without any evolutionary changes
 - E. Erosive character (X-ray)
35. Select valves that the most frequent are affected in rheumatic endocarditis:
- A. Mitral
 - B. Tricuspid
 - C. Aortic
 - D. Mitral and tricuspid
 - E. Aortic and pulmonary
36. Select auscultative phenomena found in rheumatic endocarditis:
- A. Change in previously existent murmurs
 - B. Systolic apical murmur
 - C. Pericardial rub
 - D. New onset of dilation murmurs
 - E. Modification of heart sounds
37. Mark the types of murmurs present in rheumatic endocarditis:
- A. Functional systolic
 - B. Organic apical systolic
 - C. Proto-diastolic
 - D. Apical meso-diastolic
 - E. Diastolic in Erb's point
38. Mark auscultative phenomena found in rheumatic myocarditis:
- A. Systolic murmur
 - B. Diastolic murmur
 - C. Dulling of the Ist heart sound
 - D. Dulling of the IInd heart sound
 - E. Pericardial rub
39. Which of the following examinations help to diagnose exudative pericarditis?
- A. Auscultation
 - B. Electrocardiography
 - C. Echocardiography
 - D. Chest X-ray
 - E. Pericardial aspiration
40. Select correct statements about movements in chorea:
- A. Are coordinated
 - B. Fine movements are affected
 - C. Can occur during sleep
 - D. Speaking can be affected
 - E. Movements of extremities are affected
41. Select correct statements regarding erythema marginatum:
- A. Is frequently found in acute rheumatic fever
 - B. Is transitory
 - C. Is pruritic
 - D. Is migratory

- E. Is circular
42. Select the correct statements regarding rheumatic nodules:
- A. Are localized in hypodermis
 - B. Are non-painful at the palpation
 - C. The overlying skin is mobile
 - D. Have diameter of 0.1 – 2 cm
 - E. Their presence means concomitant heart involvement and they represent an index of disease severity
43. Confirmation of streptococcal infection presence can be performed by:
- A. Physical exam
 - B. Endoscopic ENT exam
 - C. Throat exudate culture
 - D. Anti-streptococcal antibodies examination
 - E. Biopsy of affected tissues
44. In acute rheumatic fever the following ECG changes can be found:
- A. Increase of the P-R interval > 0.20 seconds
 - B. Rhythm abnormalities
 - C. Conductions disorders
 - D. Absence of the P wave
 - E. Pathologic Q-wave (deep and wide)
45. Select the echocardiographic signs of rheumatic endocarditis
- A. Basal valve thickening
 - B. Marginal valve thickening
 - C. Regurgitation
 - D. Valve hypokinesia
 - E. Valve floating vegetations
46. Select the duration of antibacterial treatment in acute rheumatic fever:
- A. 7 days in case of Benzatin benzilpeniciline
 - B. 5 – 6 days, in case of Azythromycin
 - C. 14 days in case of Clarythromicine
 - D. 10 days in case of Fenoximethylpeniciline
 - E. 21 days in case of Amoxacilline
47. Select indications for NSAIDs in acute rheumatic fever:
- A. Minimally active carditis
 - B. Severe pancarditis
 - C. Arthritis without carditis
 - D. Sydenham's chorea
 - E. Heart failure
48. Select indications for corticosteroids use in acute rheumatic fever:
- A. Pancarditis
 - B. Fever
 - C. Polyarthritis
 - D. High activity of the rheumatic process with major risk for valve disease

- E. Pulmonary involvement in acute rheumatic fever
49. Symptomatic treatment in Sydenham's chorea includes:
- A. Prednisolon
 - B. Carbamazepine
 - C. Anticonvulsants
 - D. Phenobarbital
 - E. Aminazine
50. Duration of secondary prophylaxis in acute rheumatic fever with carditis and residual rheumatic valve disease is:
- A. 3 years from the last attack
 - B. 5 years from the last attack
 - C. Minimum 10 years from the last attack
 - D. Until the age of 21
 - E. Until the age of 40

Systemic sclerosis

Single Choice

1. What factor DOES NOT favor the development of systemic sclerosis:
- A. Vinyl polychloride
 - B. Aromatic carbohydrates
 - C. Toxic oils
 - D. Bleomycin
 - E. Prostacyclin
2. CREST syndrome is a form of:
- A. Systemic sclerosis
 - B. Rheumatoid arthritis
 - C. Systemic lupus erythematosus
 - D. Ankylosing spondylitis
 - E. Polymyositis
3. The following are diagnostic criteria for systemic sclerosis ACR/EULAR (2013), EXEPT:
- A. Raynaud's syndrome
 - B. Skin thickening of the fingers
 - C. Interstitial lung disease
 - D. Digital tip ulcers
 - E. Dysphagia
- (E)
4. Renal involvement in systemic sclerosis is clinically manifested by:
- A. Malignant arterial hypertension
 - B. Renal calculi
 - C. Acute pyelonephritis
 - D. Renal polycystosis
 - E. Nephroptosis

Multiple choice

5. Which of the following manifestations make a part of systemic sclerosis definition:
- A. Connective tissue disease
 - B. Involves only skin
 - C. Characterized by obliteration of large arteries
 - D. Characterized by obliteration of small arteries and capillaries
 - E. Evolves with overwhelming collagen synthesis
6. Skin involvement in systemic sclerosis is manifested by:
- A. Skin edema
 - B. Skin thickening
 - C. Teleangiectasia
 - D. Skin rash
 - E. Tophi
7. Which of the following are included in CREST syndrome:
- A. Subcutaneous calcinosis
 - B. Esophagopathy
 - C. Sclerodactily
 - D. Facial rash
 - E. Teleangiectasias
8. What X-ray changes can be found in patients with systemic sclerosis?
- A. Soft tissue calcinosis
 - B. Distal phalangeal osteolysis
 - C. Contractures
 - D. Osteophytes
 - E. Periostitis
9. What pulmonary X-ray changes can be found in patients with systemic sclerosis:
- A. Diffuse interstitial fibrosis
 - B. Hydro-air image
 - C. Reticular bands from hilum towards base
 - D. Honeycomb lung
 - E. Large round opacities
10. Raynaud's syndrome can be found in patients with:
- A. Gout
 - B. Osteoarthritis
 - C. Systemic sclerosis
 - D. Systemic lupus erythematosus
 - E. Rheumatoid arthritis
11. Which of the following are signs and symptoms of renal involvement in systemic sclerosis?
- A. Nephroptosis
 - B. Proteinuria
 - C. Marked leukocyturia

- D. Arterial hypertension
 - E. Palpebral edema
12. Which of the following autoantibodies can be found in systemic sclerosis:
- A. Antinuclear
 - B. Anti- topoisomerase
 - C. Anti-dsDNA
 - D. Anti-centromere
 - E. Anti-Jo1
13. Respiratory functional tests in patients with systemic sclerosis can find:
- A. Restrictive syndrome
 - B. Gas diffusion changes
 - C. Exercise desaturation
 - D. Obstructive syndrome
 - E. Tiffneau index $\leq 70\%$
14. The following can be used in the treatment of Raynaud's syndrome:
- A. Nifedipine
 - B. Drotaverine
 - C. Reopolyglucin
 - D. Propranolol
 - E. Prostacyclin
15. Immunosuppressive treatment in systemic sclerosis includes the use of:
- A. Metotrexate
 - B. Colchicine
 - C. Cyclophosphamide
 - D. Propranolol
 - E. Interferon

Polymyositis/Dermatomyositis

Single Choice

1. Positive diagnosis of dermatomyositis requires the following criteria, EXCEPT:
- A. Symmetric muscle weakness
 - B. Elevation of serum muscular enzymes
 - C. Bone destruction
 - D. Electromyographic abnormalities
 - E. Muscular necrosis confirmed by hystology
2. Patients with positive anti-Jo1 antibodies are diagnosed with:
- A. Myositis associated with interstitial pulmonary fibrosis
 - B. Mixed connective tissue disease
 - C. Systemic lupus erythematosus
 - D. Sjögren syndrome
 - E. CREST syndrome

3. Symptoms of gastroesophageal reflux in dermatomyositis are caused by:
- A. Involvement of pharyngeal striated muscle
 - B. Inferior esophageal sphincter dysfunction
 - C. Cholecystitis
 - D. Superior esophageal sphincter dysfunction
 - E. Enzymopathies
4. For the diagnosis of polymyositis the essential exploration is:
- A. Magnetic resonance imaging
 - B. Skeletal scintigraphy
 - C. Muscle biopsy
 - D. Computer tomography
 - E. Pancreatic enzymes assessment

Multiple choice

5. The main diagnostic criteria for dermatomyositis are the following:
- A. Symmetrical muscle weakness
 - B. Heliotrope skin rash
 - C. Serum creatine phosphokinase elevation
 - D. Elevated serum antistreptolysin-O level
 - E. Neuropathic type electroneuromyographic abnormalities
6. The following characteristics define dermatomyositis:
- A. Chronic suppurative process
 - B. Diffuse process
 - C. Extremity muscles involvement
 - D. Skin involvement
 - E. Internal organs involvement
7. What factors are considered to be involved in the onset of dermatomyositis:
- A. Picornaviruses
 - B. Smoking
 - C. Genetic predisposition
 - D. Corticosteroid use
 - E. Alcohol abuse
8. Muscular manifestations found in inflammatory myopathies are:
- A. Spontaneous muscle pain
 - B. Dysarthria
 - C. Muscle atrophy
 - D. Calcinosis
 - E. Intramuscular phlegmon
9. Anatomic-pathological aspects of the striated muscle fiber in dermatomyositis are:
- A. Muscle atrophy
 - B. Muscular lymphocyte infiltration
 - C. Muscle fiber necrosis

- D. Vasculitis with platelet thrombosis
 - E. Muscle microabscesses
10. Which of the following skin lesions are found in dermatomyositis:
- A. Heliotropic rash
 - B. Maculo-papular rash
 - C. Gottron-sign
 - D. Nodular erythema
 - E. Alopecia
11. In late stages of dermatomyositis morphological study of muscles can reveal:
- A. Muscle fibrosis
 - B. Perifascicular atrophy
 - C. Calcinosis
 - D. Anisocytosis (cells with prolonged nuclei)
 - E. Aschoff cells
12. What cardiovascular manifestations can be found in patients with inflammatory myopathies?
- A. Aortic stenosis
 - B. Congestive heart failure
 - C. Myocarditis
 - D. Skin vasculitis
 - E. Raynaud's syndrome
13. In polymyositis immunosuppressive treatment is used together with glucocorticosteroids in cases of:
- A. Interstitial lung disease appearance
 - B. Intolerance of prednisone megadoses
 - C. Corticotherapy-refractory cases
 - D. Heart involvement
 - E. Renal failure
14. Serum levels of WHAT enzymes rise in idiopathic inflammatory myopathies?
- A. Amylase
 - B. Creatinase
 - C. Aldolase
 - D. Acid phosphatase
 - E. Transaminases
15. Pathognomonic skin manifestations in dermatomyositis are:
- A. Malar rash
 - B. Facial rash
 - C. Erythema marginatum
 - D. Gottron papules
 - E. Erythema nodosum

Mixed connective tissue disease

Single Choice

1. Mixed connective tissue disease is defined as:
 - A. The association of 2 or more diffuse connective tissue diseases
 - B. The association of 2 or more diffuse connective tissue diseases and the presence of anti-U1RNP antibodies
 - C. The association of symptoms of 2 or more diffuse connective tissue diseases
 - D. The association of symptoms of 2 or more diffuse connective tissue diseases at the presence of anti-U1RNP antibodies
 - E. Any association of autoimmune diseases and the presence of anti-U1RNP antibodies
2. The criteria of mixed connective tissue disease include the following, EXCEPT:
 - A. Raynaud's phenomenon
 - B. Digital ulcers
 - C. Synovitis
 - D. Sclerodactily
 - E. The presence of anti-U1RNP antibodies
3. The presence of anti-U1RNP antibodies is associated with:
 - A. Severe renal involvement
 - B. Interstitial lung disease
 - C. Relatively good prognosis for organ involvement
 - D. Poor prognosis for organ involvement
 - E. Poor prognosis due to severe musculoskeletal involvement
4. Choose the specific clinical manifestation for mixed connective tissue disease:
 - A. Digital tip ulcers
 - B. Raynaud's phenomenon
 - C. Gottron papules
 - D. Subcutaneous nodules
 - E. Jaccoud arthropathy

Multiple choice

5. Choose the skin manifestations found in mixed connective tissue disease:
 - A. Meynet nodules
 - B. Trophic ulcers
 - C. Sclerodactily
 - D. Erythema marginatum
 - E. Photosensitive rash
6. Choose correct statements referring to renal involvement in mixed connective tissue disease:
 - A. Is considered to be a rare manifestation of the disease
 - B. Frequently presents as subacute glomerulonephritis
 - C. Has a better prognosis compared to lupus nephritis

- D. Presents as chronic pyelonephritis
 - E. A high rate of progression to end-stage renal disease
7. Immunological abnormalities found in patients with mixed connective tissue disease are:
- A. Antinuclear antibodies
 - B. Rheumatoid factor
 - C. Anti-smooth muscle antibodies
 - D. Anti-cyclic citrullinated peptide antibodies
 - E. Anti-histone antibodies
8. The choice of pathogenic treatment in patients with mixed connective tissue disease depends on:
- A. The severity of renal involvement
 - B. Disease activity
 - C. Autoantibody titer
 - D. Present symptoms
 - E. Functional status of involved organs
9. Treatment of patients with mixed connective tissue disease includes:
- A. Glucocorticosteroids
 - B. Antibacterial drugs
 - C. Biological therapy
 - D. Non-steroidal anti-inflammatory drugs
 - E. Cytostatic immunosuppressors
10. Choose the correct statements about prognosis of the patients with mixed connective tissue disease:
- A. Depends on the sex of the patient
 - B. Depends on the present skin involvement
 - C. Depends on the patient's compliance
 - D. Is usually good
 - E. Is usually poor

Sjögren Syndrome

Single Choice

1. Secondary Sjögren syndrome can be found in the following diseases, EXCEPT:
- A. Chronic viral hepatitis
 - B. Chronic pancreatitis
 - C. HIV infection
 - D. Sarcoidosis
 - E. Primary biliary cirrhosis
2. The specific eye involvement in Sjögren syndrome is:
- A. Optic nerve neuritis
 - B. Retinopathy
 - C. Lacrimal duct abnormalities

- D. Xerophthalmia
 - E. Anterior uveitis
3. The specific oral involvement in Sjögren syndrome is:
- A. Lingual deposits
 - B. Parodontopathy
 - C. Xerostomia
 - D. Gingivitis
 - E. Hard palate ulcers
4. The skin involvement found in Sjögren syndrome is:
- A. Subcutaneous nodules
 - B. Malar rash
 - C. Nodular erythema
 - D. Palpable purpura
 - E. Panniculitis
5. The systemic manifestations found in Sjögren syndrome are the following, EXCEPT:
- A. Non-erosive arthritis
 - B. Interstitial lung disease
 - C. Renal tubular acidosis
 - D. Palpable purpura
 - E. Non-infectious endocarditis

Multiple choice

6. The diagnostic criteria for Sjögren syndrome include:
- A. Dry eye symptoms
 - B. Minor salivary gland positive biopsy
 - C. Renal tubular acidosis
 - D. ESR and C-reactive protein elevation
 - E. The presence of anti-Sm antibodies
7. The tests for confirmation of dry-eye syndrome are the following:
- A. Schöber test
 - B. Schirmer test
 - C. Bengal-pink staining
 - D. Methylene-blue staining
 - E. Lysamine-green staining
8. The biopsy of a minor salivary gland in Sjögren syndrome shows:
- A. Focal sialadenitis
 - B. Eosinophilic infiltrate
 - C. Lymphocytic infiltrate
 - D. non-Hodgkin lymphoma
 - E. Fibrinoid necrosis
9. The following glands can be affected in Sjögren syndrome:
- A. Sweat glands
 - B. Gastric glands

- C. Pancreatic glands
 - D. Thymus
 - E. Adrenal glands
10. The following immune abnormalities can be frequently found in Sjögren syndrome:
- A. ANCA antibodies
 - B. Rheumatoid factor
 - C. Anti-DNA antibodies
 - D. Anti-phospholipid antibodies
 - E. Antinuclear antibodies
11. The following specific immune abnormalities can be found in Sjögren syndrome:
- A. Antinuclear antibodies
 - B. Anti-centromere antibodies
 - C. Anti-SS-A antibodies
 - D. Anti-histone antibodies
 - E. Anti-SS-B antibodies
12. Local treatment of glandular manifestations in Sjögren syndrome includes:
- A. Anti-inflammatory ointments
 - B. Corticosteroids orally
 - C. Artificial tears
 - D. Artificial saliva
 - E. Cytostatics
13. The systemic treatment of glandular manifestations in Sjögren syndrome includes:
- A. Pilocarpine
 - B. Papaverine
 - C. Cevimeline
 - D. Cimitidine
 - E. Acetylcysteine
14. The pathogenetic treatment in Sjögren syndrome includes:
- A. Corticosteroids
 - B. Antibacterial drugs
 - C. Rituximab
 - D. Cytostatics
 - E. Anticoagulants
15. Complications of Sjögren syndrome are the following:
- A. Nephrolithiasis
 - B. Skin ulcers
 - C. Anodontia
 - D. Gastric ulcer
 - E. Oral candidosis

Systemic vasculitis

Single Choice

1. Which of the following statements about vasculitides is correct?
 - A. Clinical picture is not determined by the size of affected vessels
 - B. Usually begins with an excessive fibrosis of vessels
 - C. Are chronic autoimmune diseases
 - D. Have a common etiological factor
 - E. Are diseases with an exclusively secondary character
2. Which of the following vasculitis affects large size vessels?
 - A. Polyarteritis nodosa (PAN)
 - B. Takayasu arteritis (TA)
 - C. Granulomatosis with polyangiitis (Wegener)
 - D. IgA vasculitis (Henoch – Schönlein)
 - E. Cryoglobulinemic vasculitis associated with viral hepatitis HCV
3. What criterion is essential for the classification of vasculitides?
 - A. Suspected etiological factor
 - B. Age at the onset of the disease
 - C. Preferentially involved organs and systems
 - D. Evolutive character of the disease
 - E. The size of involved vessels
4. Which of the following is an ANCA – associated vasculitis?
 - A. Takayasu arteritis
 - B. Polyarteritis nodosa
 - C. Granulomatosis with polyangiitis (Wegener)
 - D. IgA vasculitis (Henoch – Schönlein)
 - E. Lupus vasculitis
5. Which of the following pathogenetical mechanisms is NOT characteristic for systemic vasculitides?
 - A. Formation of circulating immune complexes and their deposition in the vascular wall
 - B. Development of a chronic inflammatory process in the vessel wall
 - C. Ischemic changes in the adjacent tissues of the involved vessel
 - D. Granuloma formation
 - E. Progressive degeneration of the connective tissue
6. Which of the following clinical manifestations is NOT characteristic for systemic vasculitides:
 - A. Absence of the pulse or pulse deficit
 - B. Purpura or other types of eruptions
 - C. Mononeuritis multiplex
 - D. Malar rash
 - E. Weight loss
7. What viral infection is more frequently found in patients with polyarteritis nodosa?

- A. Epstein – Bar virus
- B. Cytomegalovirus
- C. HCV – infection
- D. HBV – infection
- E. Herpes – infection

8. Which of the following statements regarding the clinical picture of the small caliber vessel vasculitides is true?

- A. Palpable purpura is a rarely found manifestation in small size vessel vasculitides
- B. A specific clinical sign is a deficit or even an absence of pulse
- C. Nodules, representing aneurisms of the vessel wall, can be found along the small size vessels
- D. Mononeuritis multiplex is a common finding
- E. Vessel involvement is not accompanied by any ischemic tissue changes

9. What clinical manifestation is considered pathognomonic for polyarteritis nodosa?

- A. Livedo reticularis
 - B. Arthritis
 - C. Subcutaneous nodules
 - D. Glomerulonephritis
 - E. Iridocyclitis
- (C)

10. What is characteristic renal manifestation in polyarteritis nodosa?

- A. Tubulo – interstitial nephritis
- B. IgA glomerulonephritis
- C. Polycystic kidney
- D. Interlobar artery involvement
- E. Membrano – proliferative glomerulonephritis

11. What clinical manifestation is not a part of the ACR criteria for granulomatosis with polyangiitis (Wegener)?

- A. Inflammatory changes of the oral and nasal cavities (painful ulcers, purulent discharge or hemorrhage)
- B. Diffuse myalgia, muscle weakness, pain in the lower extremities
- C. Urinary sediment changes (hematuria or red blood cell casts)
- D. Radiological changes in the lungs (nodules, infiltrations, cavities)
- E. Biopsy result revealing granulomas, leukocytoclastic vasculitis and necrosis

12. What immunological test has the highest specificity for granulomatosis with polyangiitis (Wegener)?

- A. Anti-CCP antibodies
- B. ANCA – antibodies against proteinase 3 (c – ANCA MP3)
- C. ANCA – antibodies against myeloperoxidase (p – ANCA MPO)
- D. Antinuclear antibodies ANA
- E. Increased titer of circulating immune complexes (CIC)

13. What immunological test is especially important in the diagnosis of microscopic polyangiitis?

- A. Antinuclear antibodies ANA

- B. Circulating immune complexes
 - C. Antibodies against double stranded DNA
 - D. ANCA – antibodies against myeloperoxidase (p – ANCA MPO)
 - E. ANCA – antibodies against proteinase 3 (c – ANCA MP3)
14. For clinical picture of IgA deposit vasculitis (Henoch – Schönlein) the most common is:
- A. Bronchopulmonary involvement
 - B. Renal involvement
 - C. Skin involvement in the form of petechial, hemorrhagic palpable purpura
 - D. Nasal and oral ulcers
 - E. Digital necrosis
15. IgA deposit vasculitis (Henoch – Schönlein) is a part of:
- A. Large size vessel vasculitides
 - B. Medium size vessel vasculitides
 - C. Small size vessel vasculitides
 - D. Various size vessel vasculitides
 - E. ANCA – positive vasculitides
16. Skin and gastrointestinal manifestations in patients with IgA vasculitis (Henoch – Schönlein) are the consequence of:
- A. Direct action of microbial toxins at tissue level
 - B. Action of circulating immune complexes that induce inflammatory process in the vascular wall
 - C. Lesions induced by excessive exposure to ultraviolet rays
 - D. Lesions induced by the action of the antibodies on the endothelial cell
 - E. Direct action of certain drugs, vaccines
17. Which of the following immunological abnormalities is characteristic for IgA vasculitis (Henoch – Schönlein)?
- A. Presence of the HBsAg antigen
 - B. Increase in circulating immune complexes (CIC) level
 - C. Positive anti – phospholipid antibodies
 - D. Presence of ANCA antibodies
 - E. Increase in IgG level
18. What drug is not used in the treatment of IgA vasculitis (Henoch – Schönlein)?
- A. Corticosteroids
 - B. Antibiotics
 - C. Antiaggregants (dipyridamole, pentoxifylline)
 - D. Allopurinol
 - E. Cyclophosphamide
19. What change in the parameters of the complete blood count is characteristic for eosinophilic granulomatosis with polyangiitis (Churg – Strauss)?
- A. Leukocytosis
 - B. Thrombocytopenia
 - C. Lymphopenia

- D. Eosinophilia
- E. Monocytosis

20. What clinical finding allows the differential diagnosis between eosinophilic granulomatosis with polyangiitis (Churg – Strauss) and granulomatosis with polyangiitis (Wegener)?

- A. Presence of pulmonary infiltrates
- B. Constitutional symptoms (fever, weakness, myalgia)
- C. History of long – standing bronchial asthma, allergic rhinitis, polinosis in the patient
- D. Presence of antinuclear antibodies (ANA)
- E. Presence of microaneurisms in the pulmonary vessels, detected by MRI – angiography

Multiple choice

1. Which of the following factors increase susceptibility for the development of systemic vasculitides?

- A. Some medications
- B. History of chronic viral hepatitis (HBV, HCV)
- C. Lipid metabolism changes
- D. Chronic alcohol use
- E. Vitamin D level changes

2. The presence of what immunological markers determines the division of small size vessel vasculitides into two categories?

- A. Antinuclear antibodies (ANA)
- B. Anti – double stranded – DNA antibodies
- C. Anti – neutrophilic – cytoplasmic – antibodies (ANCA)
- D. Immunological markers of the infection with hepatic B and C viruses
- E. Circulating immune complexes (CIC)

3. Granulomatosis with polyangiitis (Wegener) belongs to what category of vasculitides?

- A. Large size vessel vasculitides
- B. ANCA associated vasculitides
- C. Small size vessel vasculitides
- D. Immune complex vasculitides
- E. Secondary vasculitides

4. Which of the following systemic vasculitides are NOT a part of the ANCA associated vasculitides?

- A. Granulomatosis with polyangiitis (Wegener)
- B. Eosinophilic granulomatosis with polyangiitis (Churg – Strauss)
- C. Microscopic polyangiitis
- D. Polyarteritis nodosa
- E. IgA vasculitis (Henoch – Schönlein)

5. Which of the following vasculitides are primary, idiopathic?

- A. Eosinophilic granulomatosis with polyangiitis (Churg – Strauss)
- B. Drug – associated ANCA vasculitis

- C. Microscopic polyangiitis
 - D. Lupus vasculitis
 - E. Polyarteritis nodosa
6. What vasculitides belong to the group of ANCA – associated vasculitides?
- A. Cryoglobulinemic vasculitis
 - B. Eosinophilic granulomatosis with polyangiitis (Churg – Strauss)
 - C. Microscopic polyangiitis
 - D. Granulomatosis with polyangiitis (Wegener)
 - E. IgA vasculitis (Henoch – Schönlein)
7. The vessel wall in patients with systemic vasculitis is affected in the following ways?
- A. Due to specific antibodies such as ANCA, anti – endothelial cell antibodies
 - B. As a consequence of excessive exposure to ultraviolet rays
 - C. Due to direct damage to the vessel wall by certain infectious agents
 - D. Due to a primary vasospastic process
 - E. Due to inflammatory cytokines and adhesion molecules
8. Which of the following pathogenetic events take place in the mechanism of development of systemic vasculitides?
- A. Soft tissue damage by lymphocytic infiltrates
 - B. Vessel wall lesions due to the action of circulating immune complexes
 - C. Excessive vessel wall fibrosis
 - D. Ischemic changes of tissues adjacent to the vessel wall
 - E. Granuloma formation
9. Which of the following clinical manifestations are characteristic for large size vessel vasculitides?
- A. Mononeuritis multiplex
 - B. Pathological murmurs at vessel level
 - C. Pulse deficit or absence
 - D. Palpable purpura
 - E. Vision loss (cecidity)
10. Etiological treatment in systemic vasculitides is possible in the following cases:
- A. HCV – associated cryoglobulinemic vasculitis
 - B. Polyarteritis nodosa
 - C. Microscopic polyangiitis
 - D. Eosinophilic granulomatosis with polyangiitis
 - E. Rheumatoid vasculitis
11. What instrumental investigations are useful in the diagnosis of systemic vasculitis?
- A. DXA osteodensitometry
 - B. Large vessel doppler ultrasound
 - C. MRI – angiography
 - D. Bronchoscopy with bronchoalveolar lavage
 - E. Skeletal scintigraphy
12. Which of the following drugs are NOT used in the treatment of systemic vasculitides?
- A. Rituximab

- B. Corticosteroids
- C. Sulphanilamides
- D. Chondroitin sulphate
- E. Cyclophosphamide

13. Polyarteritis nodosa is part of:

- A. Large size vessel vasculitides
- B. Small size vessel vasculitides
- C. ANCA associated vasculitides
- D. Medium size vessel vasculitides
- E. Vasculitides frequently associated with HBV – infection

14. In the pathogenesis of polyarteritis nodosa the following factors are considered to have an importance:

- A. Estrogen level imbalance
- B. HBV infection
- C. Genetic predisposition and association with certain HLA antigens
- D. Cytomegalovirus and parvovirus B19
- E. Tuberculostatic drugs administration

15. Which of the following clinical manifestations are NOT found in patients with polyarteritis nodosa?

- A. Intense abdominal pain, which can simulate an acute abdomen
- B. Palpable hemorrhagic purpura on the lower extremities
- C. Orhitis
- D. Blindness
- E. Arthritis

16. What clinical parameters make a part of the criteria for polyarteritis nodosa?

- A. Progressive body weight loss
- B. Symmetric, erosive arthritis of hand joints
- C. Muscle weakness, myalgia in lower extremities
- D. Diastolic arterial hypertension > 90 mmHg
- E. Oral ulcers

17. Granulomatosis with polyangiitis (Wegener) is part of:

- A. Medium size vessel vasculitides
- B. ANCA – associated vasculitides
- C. CIC – associated vasculitides
- D. Small size vessel vasculitides
- E. Mixed size vessel vasculitides

18. Which of the following clinical and paraclinical manifestations make a part of the ACR diagnostic criteria for granulomatosis with polyangiitis (Wegener)?

- A. Corneal ulcers and keratitis
- B. Inflammatory abnormalities of the nasal and oral cavities (ulcers, purulent and/or hemorrhagic discharge)
- C. Nephrotic syndrome
- D. Pulmonary radiological changes in the shape of nodules, infiltrates, cavities
- E. Hematuria or red blood cell casts

19. Which of the following treatment strategies are considered to be efficient in granulomatosis with polyangiitis (Wegener)?
- Corticotherapy in doses of 0.5 mg/kg/day orally in monotherapy until remission, with subsequent dose reduction
 - Prednisolone 1 mg/kg/day + Cyclophosphamide 2 – 3 mg/kg/day until desired effect is obtained, with subsequent dose reduction
 - Non-steroidal anti-inflammatory drugs in association with Methotrexate 10 mg/week
 - Non-steroidal anti-inflammatory drugs + corticosteroids 0.5 mg/kg/day orally 3 – 5 days, with subsequent dose reduction
 - Rituximab weekly for 4 weeks in association with high doses of corticosteroids
20. Which of the following clinical manifestations are found in microscopic polyangiitis?
- Microhematuria, proteinuria
 - Utethral stenosis
 - Mononeuritis multiplex
 - Nasal cavity lesions with nasal septum perforation
 - Hepato- and splenomegaly
21. Pulse – therapy in the treatment of systemic vasculitides is performed with?
- Prednisolone 0.5 – 1 mg/kg/day orally + Hydroxichloroquine 200 mg/day
 - Methylprednisolone 1000 mg/day i/v 3 days + Cyclophosphamide 1000 mg
 - Methylprednisolone 500 mg/day 5 days + Cyclophosphamide 1000 mg/day
 - Azathioprine 1.5 – 2 mg/day + Prednisolone 1 mg/kg/day
 - Mofetil mycophenolate 2 g/day + extracorporeal treatment (plasmapheresis)
22. Which of the following statements regarding IgA vasculitis (Henoch – Schönlein) are correct?
- Is one of the rarest systemic vasculitides
 - Usually involves small size vessels (capillaries, venules, arterioles)
 - Is diagnosed more frequently in young adults and children than in elderly people
 - Is a part of the CIC – associated vasculitides
 - Usually has a poor life prognosis
23. Etiological factors suspected in IgA vasculitis (Henoch – Schönlein) etiology are:
- Bacterial factor (Streptococci, Staphylococci, Mycoplasma, Legionella, etc.)
 - Viral factor (Epstein – Bar virus, Parvovirus B 19, etc.)
 - Endocrine abnormalities (thyroid dysfunction, estrogenic imbalance, androgenic imbalance)
 - HLA – B27 correlation
 - Use of certain drugs, vaccines
24. Which of the following clinical manifestations can show up at the onset of IgA vasculitis (Henoch – Schönlein)?
- Mononeuritis multiplex
 - Arthritis in interphalangeal hand joints
 - Skin rashes in the shape of palpable hemorrhagic petechiae on the lower extremities
 - Abdominal pain, sometimes colicative

E. Cough with muco-purulent discharge

25. What is NOT true regarding skin manifestations in IgA associated vasculitis (Henoch – Schönlein)?

- A. Rash appears preferentially on the skin of lower extremities
- B. Rash usually has necrotizing character
- C. Rash appears preferentially on the face and neck
- D. Purpura is frequently associated with arthritis at the level of lower extremities
- E. Skin rash intensifies in ortostatism

26. Which of the following internal organs can be involved in patients with IgA deposit vasculitis (Henoch – Schönlein)?

- A. Gastrointestinal tract
- B. Hepatobiliary system
- C. Kidneys
- D. Heart
- E. Lungs

27. Which of the following statements regarding eosinophilic granulomatosis with polyangiitis (Churg – Strauss) are true?

- A. Is a part of ANCA – associated vasculitides
- B. Is a vasculitis induced by the presence of circulating immune complexes
- C. Is a part of the granulomatous vasculitides
- D. Is not associated with respiratory tract involvement
- E. Patients frequently suffer from bronchial asthma

28. Which of the following pathological situations precede for a long time the development of eosinophilic granulomatosis with polyangiitis (Churg – Strauss)?

- A. Valvular heart disease
 - B. Bronchial asthma
 - C. Chronic hepatopathies
 - D. Persistent hematuria
 - E. Allergic rhinitis, polinosis
- (B, E)

29. In what systemic vasculitides the respiratory system is severely affected?

- A. IgA deposit vasculitis (Henoch – Schönlein)
- B. Eosinophilic granulomatosis with polyangiitis (Churg – Strauss)
- C. HBV – associated polyarteritis nodosa
- D. Granulomatosis with polyangiitis (Wegener)
- E. Non – HBV – associated polyarteritis nodosa